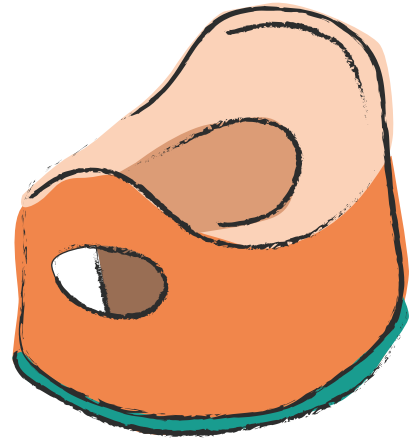


# POTTY TRAINING



Be patient

.....  
Don't make a fuss about accidents

.....  
Don't compare your child to other children

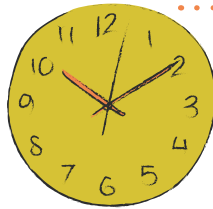
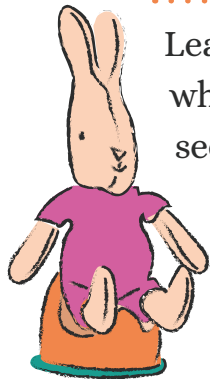
Start gradually sitting you child on potty (or toilet) around 18 months to 2 years

.....  
Make it part of daily routine and be as calm and relaxed as possible

Give lots of encourage and praise



Leave the potty where you child can see it - explain what it is for, or show them with a teddy/dolly

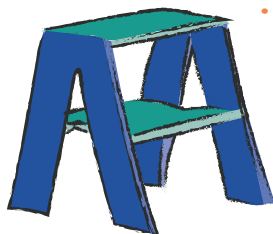


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Pick consistent times: after meals is good, as they are likely to need to poo

Rewards, such as stickers, can be helpful

.....  
Minimise stress by having as few clothes as possible to remove

.....  
If you use the toilet instead of a potty, you will need a step and trainer seat



.....  
Make it fun! Provide books and toys

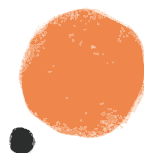
.....  
Use 'grown-up' trainer pants



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Most, but not all, children are dry by 3 years

.....  
**FURTHER INFORMATION**

<https://www.nhs.uk/conditions/baby/babys-development/potty-training-and-bedwetting/how-to-potty-train>



**HAPPY BABY COMMUNITY**